



Footsteps

Newsletter of Sequoyah Hiking Club

Take only pictures.....Leave only footprints.

Johanna Cooley, Contact – 423-442-3643

July 3, 2007

Coming in July & Aug.:

We will leave from the old Wal-Mart Parking Lot at 8:00 a.m. for the following hikes:

Wednesday, July 11
Middle Prong in the Smokies
Dave Bennie, Leader

Saturday, July 14
East Lake Shore, Glendale
Near Tellico Lake

Monday, July 16
Whigg Meadow
Off Cherohala Skyway

Saturday, July 21
Benton Falls, Polk County

Wednesday, July 25
Hemlock Creek, N. River Road
Bring your water shoes!

Monday, August 6
Little River in the Smokies

Saturday, August 11
Happy Valley off Hwy. 129

SPECIAL JULY EVENT

Monday, July 23

FAMILY PICNIC @Ft. Loudoun
State Historic Area, Vonore

Walk 5:00 p.m. – Picnic 6:00 p.m.

Food & water furnished by Club

Please call Johanna @442-3643 by July 18
if you plan to attend.

June Jaunts Remembered:

On Wednesday, June 6th, a small group (Johanna Cooley, Liz Yates, Betty Spurling, Buddy Perry and Gail Henley) walked up the Goforth Creek Trail in Polk County. It was a beautiful morning for hiking – not too hot, not too cool.

The lack of rain was evident in the amount of water coming down the creek. The usual wading, rock-hopping spots were dry, so no one got their feet wet.

The meadow had grown up knee-high in grass, vines and briars, but that didn't slow this group down. On we walked, about 2 miles, and stopped for a snack beside what is normally a small waterfall. This day it was merely a trickle. Not many wildflowers were blooming. Only a few Indian pipes, Queen Anne's lace, milkweed and foam flowers (plus plenty of poison ivy).

We got back to Madisonville about 2:00 p.m. after a short detour to the Mennonite Market in Delano.

(Continued)

June Jaunts Remembered Continued...

On **June 13th** Dave Bennie, Johanna Cooley, and Carol Taylor hiked on a Ft. Loudoun Park trail. We met former member and old friend Sam Grubb on the trail and enjoyed catching up on family news with him. His wife Kay is recovering from knee replacement. Dave has reported since this hike that his wife Linda is recuperating from shoulder surgery. On this hike Dave captured this great shot of insect friends.



On **June 18th** we had a great walk to Falls Branch (not the one near Cleveland, as reported in the last "Footsteps!") Hikers were Johanna Cooley, Gail Henley, Sheila Holbo, Buddy Perry, Carol Taylor, Thelma Wracker, and Liz Yates. Along the trail we saw evidence of wild boar activity. Not everyone made it up the steep trail to the Falls, but those who did enjoyed the beautiful waterfalls. We picnicked on the rock wall @the parking lot & then headed for home.

Pictures and Plans from Dave Bennie



These photos were taken on the June 4 Indian Boundary walk. The wet weather called the Indian Pipes out of the ground.



These pipes are just beginning to show their heads. This photo is my favorite. The fungus has no chlorophyll so there is no green on it. But notice the yellow "tobacco" in the pipe. If you look closely you will see some pink on the plant as well.



These flame azalea flowers were the only ones on the plant. They are about seven weeks late.

Here are short descriptions of my hikes for July:

July 11 - Middle Prong Trail. We will walk along the Middle Prong of the Little River. We will see cascades and waterfalls as we follow this mostly shady river trail to its Junction with the Panther Creek Trail.

This easy walk totals 4.6 miles round trip but can be shortened for hikers who wish a shorter walk. Meet at the old Wal-Mart parking lot next to Ingles at 8 AM.

Leader: Dave Bennie 865-254-0200.

July 25 - Lower Hemlock Creek Trail off the North River Road. We follow the shady old logging railroad route to its end. This is a wet walk with 11 very shallow creek crossings. This lets us cool off 22 times on this easy 3.0 mile round trip shady hike. Comfortable water shoes are needed. Meet at the old Wal-Mart parking lot next to Ingles at 8 a.m. Leader: Dave Bennie 865-254-0200.

WELCOME TO NEW MEMBERS:

Kathy Blessing & Mike Bendert
205 Jenny Circle
Madisonville, TN 37354

June 25 Meeting Report

The following members attended: Houston & Freda Lowry, Faye Daniel, Liz Yates, Johanna Cooley, Bill McElhaney, J.D. Jones, Dave Bennie, Carol Taylor, Lynne Franks, Gail Henley, Marie Henry, John DeTurk, Thelma Wracker and Kathy Blessing.

PLEASE NOTE . . . It is vital that you contact the hike leader or contact person the night before a planned hike if you are going to participate. If you are a little late, this will prevent the group leaving without you. Thanks!

FOR FUTURE FOOTSTEPS...
IF YOU HAVE INFORMATION OR PICTURES TO SHARE WITH CLUB MEMBERS IN OUR MONTHLY NEWSLETTER, E-MAIL TO CAROL TAYLOR at pcktaylor@peoplepc.com.

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