



# FOOT STEPS



NEWSLETTER OF SEQUOYAH HIKING CLUB

Take Only Pictures  
2004, Issue # 4

\*\*\*\*\*

Leave Only Footprints  
April

## Club Hikes

### April Hikes

There will be no lack of choices for hikes in April. There are nine hikes planned, perhaps more hikes planned than for any month since the formation of the hiking club. And three more hikes are planned for the first part of May.

More difficult and longer hikes are planned for those who are able to endure those hikes, but a number of easier hikes and outings will be available for anyone who does not feel up to a difficult hikes.

These are all listed in the Calendar of Events for April.

### March Hikes

#### Chota Wildlife Refuge

Reported by Faye Daniel

On Sunday, March 7, the group traveled to the Chota Wildfowl Refuge in search of refugees. With Paul Gamble leading the way, Liz Yates, Bettye Spurling, Faye Daniel, Johanna Cooley, Freda Lowry, Marie Henry and Don Wallace set out on the trail in sunny, warm, pleasant weather.

A few ducks were seen flying overhead and flowers spotted were violets, wild pansies, bittercress, lyre-leaf rock cress and henbit.

After reaching the small cemetery, which is almost at the end of the trail, some geese were spotted and a golden eagle

landed in a treetop where he (or she) was in plain sight of a few of the group. This was the highlight of the walk for those few, and they returned to the cars in cold, rainy and very windy conditions. What a complete turnaround in the weather.

Oh well, it's March in East Tennessee.

#### Indian Boundary Lake

Reported by Faye Daniel

On Wed., March 10 the hike was the monthly walk around Indian Boundary Lake. Don Wallace, Freda Lowry, Marie Henry, Faye Daniel and Johanna Cooley picked up a lot of trash and cans and removed more debris from the trail. Still no flowers here at this point.

#### Tellico River Cleanup

Tom Burris, Johanna Cooley, Faye Daniel, Freda Lowry, Sally Sherrod, Billy Joe Strickland, Don Wallace, and Liz Yates Picked up trash along the Tellico River on Saturday, March 13th as a part of the Tellico River Cleanup.

Once again Sequoyah Hiking Club shows its interest and willingness to work to help keep our environment clean. Congratulations!

#### Benton Falls

Reported by Liz Yates

Sunday, March 21 was a beautiful afternoon for a hike to Benton Falls. It was 2 miles and then about 1/4 mile down a steep grade to the foot of the

Continued on page 2, Hikes

#### Table of Contents

Page 1

Club Hikes

Page 2

March Meeting

Page 3

2004 Membership

Page 4

Calendar of Events

# Hikes

Continued from page 1

falls.

These falls cascade over several tiers of high rocks. A few wildflower blooms were seen on the trail which had been cleared of dead pine trees.

Members on this hike were Faye Daniel, Paul Gamble, Marie Henry, Freda Lowry, Helen Whaley and Liz Yates, also making the hike were Helen's granddaughter Haley, and Billy Joe Strickland.

## Copper Road

Johanna Cooley, Faye Daniel, J. D. Jones, Freda Lowry, Billy Joe Strickland, Don Wallace, and Liz Yates hiked the Old Copper Road Trail on a beautiful, sunny Wednesday, March 24th.

This is a historic preservation of the last of the remaining road that was used to haul copper from Coper Hill to the rail head at Cleveland.

This is a very interesting and beautiful hike along the Ocoee River.

## Norris Dam Wildflower Hike

Reported by Faye Daniel

Well, it's finally, officially spring, and the hike on Saturday, March 27th was on the Bluff Trail at Norris Dam. The weather was perfect and our small group (Johanna Cooley, Faye Daniel, Marie Henry and Freda Lowry) joined about 40 or 50 others in an annual wildflower hike. The groups were broken up into 10-15 hikers each, with a knowledgeable guide to lead each group.

Flowers seen were penny-

pennywort, spring beauty (both white and pink), bloodroot, toothwort (both white & pink), rue anemone, bishop's cap, dutchman's breeches, twin-leaf, trout lily, yellow trillium, hepatica (white, blue and lavender), blue violets, plantain-leaf sedge, spicebush and little brown jugs.

There were many, many more flowers just poised to bloom and should be really pretty in another week.

The group stopped at Harrison's restaurant for refueling and rehashing the day's finds.



# March Meeting

The March meeting of the hiking club was held on the 22nd at Bert's Hometown Grill. Those present at the meeting were Tom Burris, Johanna Cooley, Faye Daniel, Bill Edmondson, Jane Frerichs, Paul Gamble, Marie Henry, Shelia Holbo, J. D. Jones, Freda Lowry, Helen Whaley, and Liz Yates.

The treasurer reported that \$434.58 was in the treasury.

Twelve hikes were planned for April and the first of May.



## Sequoyah Hiking Club

### Officers

- President*  
Paul Gamble
- Vice-President*  
Bobbie Davis
- Secretary*  
Liz Yates
- Treasurer*  
Johanna Cooley
- Editor*  
Houston Lowry

### Purpose

- 1-To plan and enjoy hikes in local areas.
- 2-Little organization
- 3-Few rules
- 4-No by laws

### Meetings

4th Monday of each month

### Dues

\$12 per year

Monthly Newsletter  
Footsteps