

FOOTSTEPS

NEWSLETTER OF SEQUOYAH HIKING CLUB

TAKE ONLY PICTURES ***** JULY 1999 ***** LEAVE ONLY FOOTPRINTS

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JUNE MEETING

On June 28 Sequoyah Hiking Club gathered at Bobbie Arp's for a hamburger and hot dog feast. Members brought side dishes to compliment the burgers and dogs. Those who were able to attend were Bobbie Arp, Johanna Cooley, Judy Hedrick, William and Elizabeth Johnston, J. D. and Anna Lee Jones, Bill and Marcia Long, Houston and Freda Lowry, Heien Maxwell, Betsy Maxwell, Bob and Elaine Myer, Richard and Betty Spurling and Liz Yates. You who missed the picnic were the losers.

No hikes were planned for the next month partly because of the very hot weather that is expected. The next meeting will return to Bert's Hometown Grill on July 26, 1999 at 7 PM. Anyone interested in walking at the Kefauver City Park before the meeting should come to the park which can be reached by going through Sharrill Heights or meet at the old Wal Mart parking lot at 6 PM.

JUNE HIKES

National Trails Day Hike

Paul Gamble led a hike to Falls Creek Falls on June 5. This is a fairly difficult, 3 mile trail. It is one of the best kept secrets of the forest. Jane Alber, a ranger working in the Tellico District, Tom Burris, J. D. Jones, Paul Gamble and Liz Yates made the hike. While they were viewing and making pictures of the fall, they were joined by Gerry Hall and Denna Kastner from Cleveland.

Warning!

If you see one of these on a club hike ----

you have gone ready reached immediately and point.



too far; you have al-Africa. Turn around return to the staring

Greenbrier School and Walker Sister's Cabin

On June 16 the weather was rainy, and this hike was postponed until June 23 which proved to be a beautiful

day. Johanna Cooley, Faye Daniels, J. D. Jones, Elizabeth Johnston, Freda Lowry and Betty Spurling participated in the hike to Greenbrier School and the Walkers sister's cabin. The hike was 3.4 miles, round trip. There is a short walk from the parking place to the school and then a longer but easy walk to the cabin.

Coker Creek Falls

The Sunday, June 27 hike to the Coker Creek Falls was called off because of bad weather.

Gregory Bald

Liz Yates, Betty Spurling, Freda Lowry, J. D. Jones, Elizabeth Johnston, Faye Daniels and Johanna Cooley made the 9 mile hike to Gregory Bald on June 30. The group got to Cades Cove at 9:30 AM and found that the loop road was closed to all traffic except bicycles until 10 AM. They sat in their cars, impatiently, until 10, and then had to drive slowly behind a line of cars looking for wildlife to the one way Parson's Branch road. The Parson's Branch road required fording the creek many times. The hike to the bald was a steady upward climb all the way. It was not too difficult until the last one half mile which was steeper and much more worn. Many flame azaleas were seen. The view from the grassy bald into Cades Cove was spectacular. It was a long way down to the cars, and it was 7 o'clock before the hikers reached the parking area. The rhododendron was beautiful on the drive out to Highway 129. They proceeded on Highway 129 to Highway 72 and on to Vonore and stopped at Country Side Restaurant to eat supper, not getting home until 10 PM.

Sequoyah Hiking Club

Officers

President
Paul Gamble
Vice-President
Bobbie Arp
Secretary
Liz Yates
Treasurer
Johanna Cooley
Editor
Helen Maxwell

Purpose

- 1-To plan and enjoy hikes in local areas.
- 2-Little organization
- 3-Few rules
- 4-No by laws

Meetings

4th Monday of each month

Dues

\$12 per year

Footsteps

Monthly newsletter

WHY IS IT CALLED MT. LE CONTE?

Easily the most spectacular of all the mountains of the Great Smokies is the Le Conte massif, standing out alone in Tennessee, connected to the main chain by a single high, sharp ridge. In height, 6593 feet, it is the third highest among Smoky's peaks, exceeded only by Clingmans Dome, 6642 feet, and Mt. Guyot, 6621 feet. Cont. page 2

However, as Le Conte's slopes sweep upward directly from the low valleys at its base, its scenic height, rising a shear mile above its base, is easily the greatest of all the Southern mountains. The other two taller peaks are but slightly higher points on a long, lofty watershed.

To the ancient Cherokees it was known as Walasiyi, the traditional abode of an immense mythical green frog. The whites failed to find the frog and gave to the whole mountain mass the name Bullhead, suggested by the shape of its western end. That name is today used for the western point alone. In 1858 Prof. S. B. Buckley explored the region and his account of the exploration does not mention the name Bullhead, but instead gives names to the three highest points on the mountain honoring three men who had been of assistance to him in his work.

The central or highest peak, he called Mt. Le Conte for Joseph Le Conte, famed geologist, who had acted as observer for one of Buckley's stationary barometers at Waynesville. There is no evidence that Le Conte even so much as saw the majestic mountain that bears his name.

Today the whole mountain mass is referred to as Mt. Le Conte and the central peak as High Top. Buckley christened the western of the three tops Mt. Curtis and the eastern Mt. Safford. Neither of these names came into common usage. Mt. Curtis has long been known as Cliff Top, and Mt. Safford was supplanted by the name Myrtle Point.

RECIPE - BROCCOLI SALAD

- | | |
|------------------------------|----------------------------|
| 4 cups broccoli florets | 1/2 cup raisins |
| 1/2 cup walnuts, broken | 1/2 cup crisp bacon pieces |
| 1/4 cup Bermuda onion, diced | 1 cup mayonnaise |
| 1/2 cup sugar | 1/8 teaspoon lemon juice |

In a large bowl combine the broccoli, raisins, walnuts, bacon and onions. Set aside. Combine the mayonnaise, sugar and lemon juice. Combine well and pour over the salad. Mix and chill. Yield: 8 servings Source: Freda Lowry

CALENDAR OF EVENTS

July 26, Monday - Walk the Kefauver City Park trail at 6 PM before the club meeting. Meet at old Wal Mart parking lot or at the park.

July 26, Monday - June meeting at Bert's Hometown Grill at 7 PM.



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