

# FOOTSTEPS

NEWSLETTER of SEQUOYAH HIKING CLUB

TAKE ONLY PICTURES

October 1998

LEAVE ONLY FOOTPRINTS

## SEPTEMBER MEETING

The Sequoyah Hiking Club met at Stefano's Monday the 28th. There was a very good attendance with Jennifer Bolix and son, Jason, Brenda Cooper, Johanna Cooley, Paul Gamble, Helen Maxwell, Lucy Alexander, Lee Roy Holt, Joyce Denton, Freda and Houston Lowry, J. D. Jones and Richard and Betty Spurling being present.

We hardily welcome new members J. D. Jones and Lucy Alexander. We look forward to their taking part in our hikes and other activities and being at our monthly meetings.

The treasurer reported that we have a total of \$339.29 in the treasury, \$282.04 in the bank and \$57.25 in cash.



## HIKE FOR HUMANITY

At 8:30 on the morning of Saturday, September 12, thirteen of our members gathered at Wal Mart to go to Indian Boundary lake for the Hike for Humanity. Hiking Club members who hiked were Bobbie Arp, Johanna Cooley, Joyce Denton, Paul Gamble, Elizabeth Johnston, Sally and Jackson Jones, Liz Yates, Lee Roy Holt and his niece. Elaine and Bob Myers and niece Heidi and a German couple who were Bob and Elaine's guests. Bobbie Arp and Paul Gamble led the hike to Flats Mountain and Liz Yates and Johanna Cooley led the hike around Indian Boundary Lake. Eight hikers took part in the Flats Mountain hike. Paul reported that the trail was over grown in places, but overall it was a good hike. Nineteen people hiked around Indian Boundary Lake. Johanna Cooley received \$60 from those who sponsored hikers, and Lee Roy Holt

*Next Meeting  
At Stefano's  
7PM, October 26, 1998*



received \$170 from sponsors. In addition the hiking club had given \$100 to Habitat for the hike.

Habitat provided drinks and snacks after the hike.

The day and the hikes were deemed to be successful.

Habitat for Humanity has expressed its thanks for Sequoyah Hiking Club's participation in the hikes. Habitat also wants to work more closely with the hiking club next year in preparing for the event, and will contact the club two months in advance of the hike to make plans.

## HIKING TIPS

From On The Peaceful Side of the Smokies-Blount County Chamber of Commerce & Welcome Center

Most of us may be familiar with these suggestions; some of us may not be. In any case it is good to be reminded.

### HOW LONG WILL IT TAKE?

Two miles per hour is considered an average pace; 8 to 10 miles is regarded as a maximum day-trip length. Be sure to take into account such factors as weather and group size when estimating traveling times.

### HOW SHOULD I DRESS?

No mountain climbing equipment is needed. Comfortable walking shoes with extra socks is recommended for day walks. Be prepared for rain!

### WHAT SHOULD I WATCH FOR?

Be careful when passing horses on the trails. Poison ivy is prevalent at

low elevations. If you meet a bear on the trail, do not throw things at him or molest him in any way! Make a lot of noise with feet, hands, mouth plus waving of arms

### FOR SAFETY SAKE

Watch your step, stay on trails and avoid stepping on roots, loose rocks or fallen limbs. If allergic to insect stings, carry antidotes. To help avoid getting lost remain with your group at all times.

## MIDDLE PRONG HIKE

Freda Lowry led a hike on Middle Prong on Wednesday, October 7. It was approximately 7 miles. Others who went on the hike were: Carol Kennedy, Dorothy Hicks, Lucy Alexander, J. D. Jones, Betty Spurling, Elizabeth Johnston, Imogene Cantrell, Robert Millsaps, Joyce Denton, Johanna Cooley and Liz Yates. This was a good hike even though some thunder was heard at one time.

## CALENDAR OF COMING ACTIVITIES

Oct. 10, Saturday - Conasauga River hike; Wal Mart at 8:00 AM

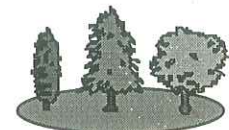
Oct. 21, Wednesday - School House Gap, 9 miles (car shuttle - 6 miles), Leader - Freda Lowry; Leave Wal Mart at 8:30 AM

Nov. 4, Wednesday - Cades Cove, 11 miles; Leader - Freda Lowry; Leave Wal Mart at 8:00 AM.

Nov. 7, Saturday - Bald River, 11 miles; Leader - Paul Gamble; Leave Wal Mart at 8:00 AM.

## OFFICERS

President - Paul Gamble  
Vice President - Bobbie Arp  
Secretary - Liz Yates  
Treasurer - Johanna Cooley  
Editor - Helen Maxwell



37774X4357

Liz Yates  
4600 Little Valley Road  
London, TN 37774

SEQUOYAH HIKING CLUB  
Helen Maxwell, Editor  
951 Laurel Lake Circle  
Madisonville, TN 37354



USA 32

Illegible yellow text at the bottom of the page.